

Rights Restrictions

This document is intended to be used as a tool to determine the appropriate steps that need to occur prior to implementing a rights restriction to ensure compliance with the Home and Community Based Services (HCBS) Settings Rule. To learn more about the key concept areas of the HCBS Settings Rule and the protections that it affords to participants, please refer to the HCBS Settings Guide to Expectations and Compliance. This tool intends to guide a participant's support team through the required steps prior to restricting an individual's rights. If "**yes**" is answered to the first question, all of the subsequent questions must be answered in the affirmative and documented in the participant's ISP prior to the restriction being implemented. The following topic areas provide a brief overview of the rights restriction requirements:

Documentation required to implement a rights restriction

The participant's ISP must reflect any restrictions that are imposed for the assurance of the participant's health and safety, including a plan for restoring the participant's rights. Additionally, documentation of the following must be included:

A specific and individualized assessed need.

Documentation must clearly indicate that the assessed severity of the behavior or need justifies the implementation of restrictive procedure.

The positive interventions and supports used prior to any modifications to the ISP.

Documentation must include a clear timeline of when the positive interventions and supports were in place.

Less intrusive methods of meeting the need that have been tried but did not work.

Documentation must include a clear timeline of when the less restrictive measures were in place.

A clear description of the condition that is directly proportional to the specific assessed need.

Documentation must include a description of the condition leading to the restriction (the stated need and support need to align).

A regular collection and review of data to measure the ongoing effectiveness of the modification.

Documentation must include the process for collecting data on the restriction and include a clear plan for regularly reviewing the data to ensure the efficacy of the restriction.

Established time limits for periodic reviews to determine if the modification is still necessary or can be terminated.

Documentation must demonstrate that the restriction will be time-limited and have a reasonable and attainable restoration plan for a participant to regain his or her rights.

Informed consent of the individual.

Documentation must demonstrate that the participant has provided his or her informed consent (South Dakota Codified Law (SDCL) 27B-1-17 defines informed consent). If there is a guardian, the ISP team must refer to the court order to determine if the guardian has the authority to make decisions on behalf of the participant.

An assurance that interventions and supports will cause no harm to the individual.

Documentation must include assurances that the participant will be free from physical harm, psychological harm, social risk, or seclusion.